

Richmond Resources

Real phone numbers. Call ahead to confirm hours — funding cuts happen.

CRISIS

988 Suicide & Crisis Lifeline	Call or text 988	24/7	Mental health crisis, suicidal ideation, substance use crisis.
Crisis Text Line	Text HOME to 741741	24/7	Text-based crisis support.
Homeless Connection Line	804-972-0813	M-F 8am-9pm, Sa-Su 1-9pm	First call if homeless or within 3 days of losing housing.
RBHA Crisis Walk-In	804-819-4100 501 N 9th St	24/7	Mental health and substance use crisis.
Regional DV Hotline	804-612-6126	24/7	Emergency shelter and support for DV situations.

FOOD

FeedMore Hunger Hotline	804-521-2500 ext 631	M-F 8am-4pm	50+ partner pantries. Call to find the closest one. feedmore.org
Daily Planet Food	804-783-6582 517 W Grace St	M-F 9am-5pm	Emergency food bags. First come first served — go early.
RVA Community Fridges	@rvacommunityfridges on Instagram	24/7 open to all	Free food outdoors. No ID required. Check Instagram for locations.
SNAP / Food Stamps	commonhelp.virginia.gov 855-635-4370	Online 24/7	Apply online — faster than going in person.

HEALTH (free & low cost)

Daily Planet Health Services	804-783-6582 517 W Grace St	M-F — call ahead	Serves anyone regardless of housing or insurance.
CrossOver Healthcare Ministry	804-521-8000 1721 Sherwood Ave	Call for intake	Free/low-cost primary care, dental, vision, mental health, prescriptions.
Health Brigade	804-358-6343 7 N Thompson St	Call ahead	Free medical, mental health, HIV/STI testing. (Facing funding cuts — call first)
RBHA Mental Health & SUD	804-819-4000 rbha.org	M-F 8am-5pm	Mental health, IOP, substance use treatment for Richmond residents.
Medicaid Enrollment	marketplace.virginia.gov 1-833-5VA-ENROLL	Online 24/7	Apply before you need a doctor. Low income = you likely qualify.

HOUSING & SHELTER

Homeless Connection Line	804-972-0813	M-F 8am-9pm, Sa-Su 1-9pm	First call if homeless or within 3 days of losing housing.
CARITAS Shelter (Men)	804-230-1184 700 Dinwiddie Ave	Walk-ins M-F 8am-4pm	No cost emergency shelter + recovery programs.
CARITAS Shelter (Women)	804-418-3049 2220 Stockton St	Walk-ins M-F 8am-4pm	No cost emergency shelter + recovery programs.
Virginia Housing Search	virginiahousingsearch.org 1-877-428-8844	M-F 9am-5pm	Free database of affordable rental housing across Virginia.

LEGAL

CVLAS — Free Legal Aid	800-868-1012 cvlas.org	M-F 9am-5pm	Free civil legal help. Evictions, benefits, family law, expungement.
Richmond Public Library	804-646-7223 101 E Franklin St	M-Th 9am-8pm, F-Sa 9am-5pm	Free legal databases, notary, internet, computers. Free library card.
VADOC Reentry Resources	vadoc.virginia.gov/reentry	Online 24/7	Restoration of rights, reentry planning, job resources.

JOBS & BENEFITS

DSS — Department of Social Services	804-646-7212 300 E. Franklin St, RVA 23219	M-F 8am-5pm	SNAP, Medicaid, TANF, child welfare. NEW address as of Jan 15 2026 (moved from Marshall St). Also: Southside Center, 4100 Hull St.
Virginia Employment Commission	804-786-3001 vec.virginia.gov	M-F 8:15am-4:30pm	Unemployment, job placement, resume help, skills training.
Virginia 2-1-1	Dial 2-1-1 211virginia.org	24/7	One number for local social services — food, housing, health.
Goodwill Job Connection	goodwillvalleys.com	M-Sa 9am-5pm	Free job training, resume help, computer classes, interview prep.

RECOVERY

RBHA Substance Use Treatment	804-819-4000 rbha.org	M-F 8am-5pm	IOP, outpatient, MAT, peer support for Richmond residents.
AA Richmond Intergroup	804-355-1212 aa-richmond.com	Meetings daily	Find local AA meetings and get connected with a sponsor.
NA Richmond	narichmond.org	Meetings daily	Find local NA meetings across the city.

Warm Line (peer support)	866-400-6428	M-Su 7am-11pm	Peer-run support line. Not a crisis line — for when you just need to talk.
Daily Planet Harm Reduction	804-783-6582 517 W Grace St	M-F 9am-5pm	Narcan, needle exchange, HIV/Hep C testing. No judgment.

TRANSIT

GRTC Bus & Pulse	804-358-4782 ridegrtc.com	Most routes 5am-midnight	34 local routes + Pulse BRT on Broad/Main. Download the GRTC app.
Medicaid Non-Emergency Transport	866-386-8331	By appointment	Free rides to medical appointments for Medicaid recipients.